



COVID-19 AND SCHOOLS



COMMON TERMS

- **Positive test result:** The individual currently has an active infection with the virus that causes COVID-19 and can transmit the virus to others.
- **Negative test result:** The individual did not have an active infection with the virus that causes COVID-19 at the time the sample was collected. This individual may still contract the virus and become sick at a later time.
- **Close contact:** Anyone who was within 6 feet of an infected person for at least 15 minutes starting from 48 hours before the person began feeling sick until the time the patient was isolated.

COMMON TERMS

- **Self-isolation:** Keeps someone who is infected with the virus away from those who are not infected with the virus.
- **Self-quarantine:** Keeps someone who might have been exposed to the virus away from others.

COVID-19 SYMPTOMS

- Fever (100.4°F) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

IF A STAFF MEMBER HAS SYMPTOMS

- If a staff member shows up to school with symptoms of COVID-19:
 - Individuals who are sick should go home and contact the Quad-County COVID-19 Hotline, Monday through Friday, 8:30 a.m. to 4:30 p.m. at (775)283-4789 for COVID-19 testing.
 - The individual should self-quarantine at home and not return to campus until symptoms have resolved.

IF A STUDENT HAS SYMPTOMS

If a student shows up to school with symptoms of COVID-19:

- Schools should identify an isolation room or area and immediately separate the symptomatic student from everyone else.
- Student's parent/guardian should be contacted to come pick up the student immediately.
- Parent/Guardian can contact the Quad-County COVID-19 Hotline, Monday through Friday, 8:30 a.m. to 4:30 p.m. at (775)283-4789 for COVID-19 testing.

POSITIVE TEST PROCESS

- Carson City Health and Human Services (CCHHS) is notified of a positive test result for any resident of Carson City, Douglas, Lyon, or Storey Counties
 - CCHHS will notify the positive case and ask them to self-isolate in their home.
 - CCHHS will ask the case who they have been in close contact with and where they have been while they were infectious.
 - Close contacts are notified of a possible exposure. **The case's name will not be revealed to the contacts.**
 - CCHHS keeps in contact with the case to monitor their disease and will notify the case when they can be released from self-isolation.

POSITIVE CASES & CLOSE CONTACTS AT SCHOOL

- **If a student or staff member tests positive and lives in Carson City, Douglas, Lyon, or Storey Counties:**
 - They are asked to follow directions from CCHHS, the local health partner for the Quad-Counties, and isolate at home until CCHHS tells them they can return to school.
 - Students and staff who were in the classroom with the individual 2 days before they felt sick, until the time they were isolated, may be asked to self-quarantine for 14 days after last exposure date while monitoring for symptoms of COVID-19.

POSITIVE CASES & CLOSE CONTACTS AT SCHOOL

- If a student or staff member is a close contact of a case:
 - Follow directions from CCHHS. This may include self-quarantining and/or being tested.
 - Continue to monitor for symptoms of COVID-19.
 - Other students and staff members do not need to self-quarantine unless they were told they were a close contact of case.

RESOURCES FOR SCHOOLS

- CDC Planning Tool: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/School-Admin-K12-readiness-and-planning-tool.pdf>
- CDC Preparing for a Safe Return to School: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/prepare-safe-return.html>
- American Academy of Pediatrics Guidance for School Re-entry: <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-planning-considerations-return-to-in-person-education-in-schools/>
- Department of Education COVID-19 Resources: <https://www.ed.gov/coronavirus>